



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Käppler, Gerd

Club: SV Normannia Treffurt
Number: 166

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:02:35

Speed: 11.50 km/h
Running performance: 5:01 min/km

Rank in course/Total: 59 (of 148)

Rank in course/Men: 55 (of 114)

Best time in course: 43:53

Rank in category: 7(of 15)

Best time in the category: 53:04