



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Stöpel, Karola

Club: Bad Langensalza

Number: 239

Course: 5.00 km

5 km-Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 28:28

Speed: 10.54 km/h

Running performance: 5:41 min/km

Rank in course/Total: 26 (of 61)

Rank in course/Women: 7 (of 27)

Best time in course: 24:40

Rank in category: 2(of 7)

Best time in the category: 28:18