



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Diessler, Daniel

Club: Eisenach
Number: 7

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:03:54

Speed: 11.27 km/h
Running performance: 5:07 min/km

Rank in course/Total: 69 (of 148)

Rank in course/Men: 64 (of 114)

Best time in course: 43:53

Rank in category: 6(of 11)

Best time in the category: 55:59