



3Türmelauf  
Bad Langensalza / 21.04.2013

## Detailed evaluation

Cibis, Christopher

Club: Team Borbet  
Number: 96

Course: 12.50 km  
12,5 km-Lauf

Category:  
Männer (20-29 Jahre)

Total time: 1:04:39

Speed: 11.60 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 73 (of 148)

Rank in course/Men: 68 (of 114)

Best time in course: 43:53

Rank in category: 10(of 14)

Best time in the category: 43:53