



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Schmidt, Helmer

Club: Bretten
Number: 90

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:05:09

Speed: 11.05 km/h
Running performance: 5:13 min/km

Rank in course/Total: 75 (of 148)

Rank in course/Men: 70 (of 114)

Best time in course: 43:53

Rank in category: 1(of 4)

Best time in the category: 1:05:09