



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Harder, Yvonne

Club: Bad Langensalza

Number: 107

Course: 12.50 km

12,5 km-Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:06:12

Speed: 10.88 km/h

Running performance: 5:18 min/km

Rank in course/Total: 81 (of 148)

Rank in course/Women: 7 (of 34)

Best time in course: 58:33

Rank in category: 4(of 7)

Best time in the category: 58:33