



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Knothe, Simone

Total time: 1:05:43

Club: Laufteam Hebammenpraxis Lebensflämmchen
Number: 113

Speed: 10.96 km/h

Running performance: 5:16 min/km

Course: 12.50 km

Rank in course/Total: 78 (of 148)

12,5 km-Lauf

Rank in course/Women: 6 (of 34)

Best time in course: 58:33

Category:

Rank in category: 1(of 3)

Seniorinnen W35 (35-39 Jahre)

Best time in the category: 1:05:43