



## 3Türmelauf

Bad Langensalza / 21.04.2013

### Detailed evaluation

Thomas, Jochen

Club: Bakerboy`s

Number: 82

Course: 12.50 km

12,5 km-Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:08:24

Speed: 10.53 km/h

Running performance: 5:28 min/km

Rank in course/Total: 95 (of 148)

Rank in course/Men: 86 (of 114)

Best time in course: 43:53

Rank in category: 14(of 15)

Best time in the category: 53:04