



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Thomas, Jochen

Club: Bakerboy`s
Number: 82

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:08:24

Speed: 10.96 km/h
Running performance: 5:28 min/km

Rank in course/Total: 95 (of 148)

Rank in course/Men: 86 (of 114)

Best time in course: 43:53

Rank in category: 14(of 15)

Best time in the category: 53:04