



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Listemann, Andy

Club: Mühlhausen
Number: 101

Course: 12.50 km
12,5 km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:08:30

Speed: 10.95 km/h
Running performance: 5:29 min/km

Rank in course/Total: 97 (of 148)

Rank in course/Men: 88 (of 114)

Best time in course: 43:53

Rank in category: 12(of 14)

Best time in the category: 43:53