



3Türmelauf  
Bad Langensalza / 21.04.2013

## Detailed evaluation

Schröder, Thomas

Club: Bad Langensalza  
Number: 49

Course: 12.50 km  
12,5 km-Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:08:46

Speed: 10.91 km/h  
Running performance: 5:30 min/km

Rank in course/Total: 101 (of 148)

Rank in course/Men: 91 (of 114)

Best time in course: 43:53

Rank in category: 20(of 27)

Best time in the category: 51:37