



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Zöllner, Martin

Club: Bad Langensalza
Number: 261

Course: 5.00 km
5 km-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 29:20

Speed: 10.23 km/h
Running performance: 5:52 min/km

Rank in course/Total: 30 (of 61)

Rank in course/Men: 22 (of 34)

Best time in course: 18:14

Rank in category: 3(of 4)

Best time in the category: 26:06