



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Rettelbusch, Katrin

Club: Hufeland Laufgruppe

Number: 119

Course: 12.50 km

12,5 km-Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:09:30

Speed: 10.79 km/h

Running performance: 5:34 min/km

Rank in course/Total: 106 (of 148)

Rank in course/Women: 12 (of 34)

Best time in course: 58:33

Rank in category: 3(of 7)

Best time in the category: 1:07:58