



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Walther, Nadine

Club: Hufeland Laufgruppe

Number: 110

Course: 12.50 km

12,5 km-Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:09:31

Speed: 10.36 km/h

Running performance: 5:34 min/km

Rank in course/Total: 107 (of 148)

Rank in course/Women: 13 (of 34)

Best time in course: 58:33

Rank in category: 5(of 7)

Best time in the category: 58:33