



## 3Türmelauf

Bad Langensalza / 21.04.2013

### Detailed evaluation

**Schmidt, Steffen**

Club: Bad Langensalza

Number: 48

Course: 12.50 km

12,5 km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:09:56

Speed: 10.72 km/h

Running performance: 5:35 min/km

Rank in course/Total: 109 (of 148)

Rank in course/Men: 95 (of 114)

Best time in course: 43:53

Rank in category: 22(of 27)

Best time in the category: 51:37