



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Elstner, Marcus

Club: ThSV DT Bad Langensalza

Number: 97

Course: 12.50 km

12,5 km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:10:36

Speed: 10.62 km/h

Running performance: 5:39 min/km

Rank in course/Total: 111 (of 148)

Rank in course/Men: 97 (of 114)

Best time in course: 43:53

Rank in category: 13(of 14)

Best time in the category: 43:53