



## 3Türmelauf

Bad Langensalza / 21.04.2013

### Detailed evaluation

**Stedefeld, Marion**

Club: Hufeland Laufgruppe

Number: 127

Course: 12.50 km

12,5 km-Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:12:11

Speed: 10.39 km/h

Running performance: 5:46 min/km

Rank in course/Total: 114 (of 148)

Rank in course/Women: 16 (of 34)

Best time in course: 58:33

Rank in category: 3(of 5)

Best time in the category: 1:02:42