



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Buschendorf, Tilo

Club: SG Spergau

Number: 88

Course: 12.50 km

12,5 km-Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:13:40

Speed: 10.18 km/h

Running performance: 5:53 min/km

Rank in course/Total: 121 (of 148)

Rank in course/Men: 103 (of 114)

Best time in course: 43:53

Rank in category: 4(of 4)

Best time in the category: 1:05:09