



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Engler, Winfried

Club: Nägelstedt

Number: 30

Course: 12.50 km

12,5 km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:14:08

Speed: 9.71 km/h

Running performance: 5:56 min/km

Rank in course/Total: 123 (of 148)

Rank in course/Men: 104 (of 114)

Best time in course: 43:53

Rank in category: 25(of 27)

Best time in the category: 51:37