



## 3Türmelauf

Bad Langensalza / 21.04.2013

### Detailed evaluation

**Hanson, Susanne**

Club: Hufeland Laufgruppe

Number: 243

Course: 5.00 km

5 km-Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 29:49

Speed: 10.06 km/h

Running performance: 5:58 min/km

Rank in course/Total: 32 (of 61)

Rank in course/Women: 9 (of 27)

Best time in course: 24:40

Rank in category: 2(of 3)

Best time in the category: 28:45