



## 3Türmelauf

Bad Langensalza / 21.04.2013

### Detailed evaluation

**König, Mario**

Club: Bad Langensalza

Number: 36

Course: 12.50 km

12,5 km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:14:33

Speed: 9.66 km/h

Running performance: 5:58 min/km

Rank in course/Total: 125 (of 148)

Rank in course/Men: 106 (of 114)

Best time in course: 43:53

Rank in category: 26(of 27)

Best time in the category: 51:37