



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Dal-Canton, Nadine

Club: Kassel
Number: 133

Course: 12.50 km
12,5 km-Lauf

Category:
Frauen (20-29 Jahre)

Total time: 1:14:47

Speed: 9.63 km/h
Running performance: 5:59 min/km

Rank in course/Total: 126 (of 148)

Rank in course/Women: 20 (of 34)

Best time in course: 58:33

Rank in category: 3(of 7)

Best time in the category: 1:00:21