



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Henning, Rainer

Club: Zweirad Henning
Number: 91

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:19:04

Speed: 9.11 km/h
Running performance: 6:20 min/km

Rank in course/Total: 134 (of 148)

Rank in course/Men: 110 (of 114)

Best time in course: 43:53

Rank in category: 2(of 2)

Best time in the category: 1:14:55