



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Linde, Silke

Club: Bad Langensalza

Number: 118

Course: 12.50 km

12,5 km-Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:19:12

Speed: 9.09 km/h

Running performance: 6:20 min/km

Rank in course/Total: 136 (of 148)

Rank in course/Women: 25 (of 34)

Best time in course: 58:33

Rank in category: 7(of 7)

Best time in the category: 1:07:58