



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Ziegler, Romy

Club: Erfurt
Number: 168

Course: 12.50 km
12,5 km-Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:20:59

Speed: 8.89 km/h
Running performance: 6:29 min/km

Rank in course/Total: 141 (of 148)

Rank in course/Women: 30 (of 34)

Best time in course: 58:33

Rank in category: 2(of 3)

Best time in the category: 1:05:43