



3Türmelauf
Bad Langensalza / 21.04.2013

Detailed evaluation

Adlung, Melanie

Club: Bad Langensalza
Number: 151

Course: 12.50 km
12,5 km-Lauf

Category:
Frauen (20-29 Jahre)

Total time: 1:23:12

Speed: 8.65 km/h
Running performance: 6:40 min/km

Rank in course/Total: 146 (of 148)

Rank in course/Women: 32 (of 34)

Best time in course: 58:33

Rank in category: 7(of 7)

Best time in the category: 1:00:21