



3Türmelauf  
Bad Langensalza / 21.04.2013

Detailed evaluation

Köhler, Louis

Club: Mülverstedt  
Number: 258

Course: 5.00 km  
5 km-Lauf

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 31:39

Speed: 9.48 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 46 (of 61)

Rank in course/Men: 30 (of 34)

Best time in course: 18:14

Rank in category: 5(of 6)

Best time in the category: 23:12