



3Türmelauf

Bad Langensalza / 21.04.2013

Detailed evaluation

Seidel, Kara

Club: SV Empor

Number: 223

Course: 5.00 km

5 km-Lauf

Category:

weibliche Kinder U10 (8-9 Jahre)

Total time: 31:08

Speed: 9.64 km/h

Running performance: 6:14 min/km

Rank in course/Total: 40 (of 61)

Rank in course/Women: 15 (of 27)

Best time in course: 24:40

Rank in category: 1(of 1)

Best time in the category: 31:08