



11. Bad Berkaer Nordic-Walking-Tag

Bad Berka / 27.04.2013

Detailed evaluation

Esche, Karsten

Club: LSV Lok Arnstadt

Number: 275

Course: 15.40 km

Zwei-Thürme-Walk

Total time: 2:15:37

Speed: 6.81 km/h

metres in height up: 282

Course score: 19.23

performance score: 134 Points