



11. Bad Berkaer Nordic-Walking-Tag

Bad Berka / 27.04.2013

Detailed evaluation

Heyder, Franziska

Club: Erfurt

Number: 285

Course: 15.40 km

Zwei-Thürme-Walk

Total time: 2:46:49

Speed: 5.40 km/h

metres in height up: 282

Course score: 19.23

performance score: 109 Points