



23. Arnstädter Citylauf
Arnstadt / 27.04.2013

Detailed evaluation

Rott, Franz

Club: LSV Lok Arnstadt
Number: 4

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend M13 (13 Jahre)

Total time: 11:55

Speed: 15.10 km/h
Running performance: 3:58 min/km

Rank in course/Total: 1 (of 19)

Rank in course/Men: 1 (of 10)

Best time in course: 11:55

Rank in category: 1(of 6)

Best time in the category: 11:55