



23. Arnstädter Citylauf

Arnstadt / 27.04.2013

Detailed evaluation

Petermann, Philipp

Club: LSV Lok Arnstadt

Number: 336

Course: 10.00 km

Die Schwenninger 10-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 43:21

Speed: 13.84 km/h

Running performance: 4:20 min/km

Rank in course/Total: 33 (of 104)

Rank in course/Men: 33 (of 85)

Best time in course: 35:37

Rank in category: 9(of 14)

Best time in the category: 35:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.70	6:54	4:03	8	1:13	37	1:13	1.70	6:54	4:03	9	1:13	67	
Lap 2	2.34	10:13	4:21	8	1:46	32	1:46	4.04	17:07	4:14	9	2:59	21	
Lap 3	2.34	10:19	4:24	9	1:53	34	1:53	6.38	27:26	4:17	9	4:52	73	
Lap 4	2.34	10:20	4:24	9	1:53	34	1:53	8.72	37:46	4:19	9	6:45	72	
Last lap Finish	1.28	5:35	4:21	9	0:59	32	0:59	10.00	43:21	4:20	9	7:44	33	7:44