



23. Arnstädter Citylauf
Arnstadt / 27.04.2013

Detailed evaluation

Rudolph, Sascha

Club: SV 1899 Mühlhausen
Number: 18

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend M13 (13 Jahre)

Total time: 12:39

Speed: 14.23 km/h
Running performance: 4:13 min/km

Rank in course/Total: 2 (of 19)

Rank in course/Men: 2 (of 10)

Best time in course: 11:55

Rank in category: 2(of 6)

Best time in the category: 11:55