



23. Arnstädter Citylauf

Arnstadt / 27.04.2013

Detailed evaluation

Blümel, Aaron

Club: SV 1899 Mühlhausen

Number: 208

Course: 5.00 km

5-km-Lauf

Category:

männliche Jugend M15 (15 Jahre)

Total time: 18:39

Speed: 16.09 km/h

Running performance: 3:44 min/km

Rank in course/Total: 2 (of 50)

Rank in course/Men: 2 (of 27)

Best time in course: 18:35

Rank in category: 1(of 2)

Best time in the category: 18:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.39	4:47	3:26	2	0:02	3	0:02	1.39	4:47	3:26	1	-	27	
Lap 2	2.35	8:59	3:49	1	-	2	0:01	3.74	13:46	3:40	1	-	27	
Last lap Finish	1.30	4:53	3:45	1	-	2	0:02	5.00	18:39	3:43	1	-	2	0:04