



23. Arnstädter Citylauf

Arnstadt / 27.04.2013

Detailed evaluation

Sahl, Marcus

Club: SCOTT-MIO MTB TEAM

Number: 202

Course: 5.00 km

5-km-Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 20:12

Speed: 14.85 km/h

Running performance: 4:02 min/km

Rank in course/Total: 9 (of 50)

Rank in course/Men: 8 (of 27)

Best time in course: 18:35

Rank in category: 1(of 2)

Best time in the category: 20:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.39	4:59	3:35	1	-	5	0:14	1.39	4:59	3:35	1	-	21		
Lap 2	2.35	9:44	4:08	1	-	8	0:46	3.74	14:43	3:56	1	-	21		
Last lap Finish	1.30	5:29	4:13	1	-	10	0:38	5.00	20:12	4:02	1	-	8	1:37	