



23. Arnstädter Citylauf
Arnstadt / 27.04.2013

Detailed evaluation

Reif, Johann

Club: Laufcombo Reif GTH
Number: 15

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Kinder M11 (11 Jahre)

Total time: 12:48

Speed: 14.06 km/h
Running performance: 4:16 min/km

Rank in course/Total: 3 (of 19)

Rank in course/Men: 3 (of 10)

Best time in course: 11:55

Rank in category: 1(of 2)

Best time in the category: 12:48