



23. Arnstädter Citylauf

Arnstadt / 27.04.2013

Detailed evaluation

Vogel, Johannes

Club: Traktor Adorf

Number: 204

Course: 5.00 km

5-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 23:02

Speed: 13.02 km/h

Running performance: 4:37 min/km

Rank in course/Total: 18 (of 50)

Rank in course/Men: 13 (of 27)

Best time in course: 18:35

Rank in category: 2(of 3)

Best time in the category: 20:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	1.39	6:30	4:40	2	0:47	18	1:45	1.39	6:30	4:40	2	0:47	16	0:27
Lap 2	2.35	11:13	4:46	2	1:16	15	2:15	3.74	17:43	4:44	2	2:03	16	0:39
Last lap Finish	1.30	5:19	4:05	2	0:01	9	0:28	5.00	23:02	4:36	2	2:04	13	4:27