



23. Arnstädter Citylauf

Arnstadt / 27.04.2013

Detailed evaluation

Juvier, Désirée

Club: ESC Erfurt

Number: 160

Course: 5.00 km

5-km-Lauf

Category:

weibliche Jugend W15 (15 Jahre)

Total time: 24:55

Speed: 12.04 km/h

Running performance: 4:59 min/km

Rank in course/Total: 23 (of 50)

Rank in course/Women: 8 (of 23)

Best time in course: 19:52

Rank in category: 3(of 5)

Best time in the category: 20:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	1.39	6:11	4:26	3	0:54	8	0:55	1.39	6:11	4:26	3	0:54	17		
Lap 2	2.35	11:51	5:02	3	2:02	8	2:23	3.74	18:02	4:49	3	2:56	17		
Last lap Finish	1.30	6:53	5:17	4	1:36	9	1:45	5.00	24:55	4:59	3	4:32	8	5:03	