



23. Arnstädter Citylauf

Arnstadt / 27.04.2013

Detailed evaluation

Tietze, Pascal

Club: SG Motor Arnstadt

Number: 206

Course: 5.00 km

5-km-Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 25:18

Speed: 11.86 km/h

Running performance: 5:04 min/km

Rank in course/Total: 24 (of 50)

Rank in course/Men: 16 (of 27)

Best time in course: 18:35

Rank in category: 2(of 2)

Best time in the category: 20:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.39	5:43	4:06	2	0:44	11	0:58	1.39	5:43	4:06	2	0:44	10		
Lap 2	2.35	11:09	4:44	2	1:25	14	2:11	3.74	16:52	4:30	2	2:09	10		
Last lap Finish	1.30	8:26	6:29	2	2:57	26	3:35	5.00	25:18	5:03	2	5:06	16	6:43	