



23. Arnstädter Citylauf
Arnstadt / 27.04.2013

Detailed evaluation

Wulf, Malte

Club: LSV Lok Arnstadt
Number: 5

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Kinder M11 (11 Jahre)

Total time: 13:23

Speed: 13.45 km/h
Running performance: 4:28 min/km

Rank in course/Total: 5 (of 19)

Rank in course/Men: 4 (of 10)

Best time in course: 11:55

Rank in category: 2(of 2)

Best time in the category: 12:48