



23. Arnstädter Citylauf

Arnstadt / 27.04.2013

Detailed evaluation

Eck, Lucas Hagen

Club: Motor Arnstadt

Number: 172

Course: 5.00 km

5-km-Lauf

Category:

männliche Jugend M14 (14 Jahre)

Total time: 27:17

Speed: 11.00 km/h

Running performance: 5:28 min/km

Rank in course/Total: 34 (of 50)

Rank in course/Men: 23 (of 27)

Best time in course: 18:35

Rank in category: 4(of 5)

Best time in the category: 19:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.39	6:12	4:27	3	1:24	15	1:27	1.39	6:12	4:27	4	1:24	6	0:09
Lap 2	2.35	14:21	6:06	4	4:57	25	5:23	3.74	20:33	5:29	4	6:21	6	3:29
Last lap Finish	1.30	6:44	5:10	4	1:47	19	1:53	5.00	27:17	5:27	4	8:08	23	8:42