



23. Arnstädter Citylauf

Arnstadt / 27.04.2013

Detailed evaluation

Yakovleva, Jekatherina

Club: Speedskating Arnstadt e.V.

Number: 187

Course: 5.00 km

5-km-Lauf

Category:

weibliche Jugend W14 (14 Jahre)

Total time: 30:08

Speed: 9.96 km/h

Running performance: 6:02 min/km

Rank in course/Total: 42 (of 50)

Rank in course/Women: 16 (of 23)

Best time in course: 19:52

Rank in category: 2(of 3)

Best time in the category: 20:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Women	Behind Women	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.39	8:14	5:55	3	2:57	20	2:58	1.39	8:14	5:55	2	2:57	9	0:32
Lap 2	2.35	14:39	6:14	2	4:50	16	5:11	3.74	22:53	6:07	2	7:47	7	1:30
Last lap Finish	1.30	7:15	5:34	2	2:02	12	2:07	5.00	30:08	6:01	2	9:49	16	10:16