



# 23. Arnstädter Citylauf

Arnstadt / 27.04.2013

## Detailed evaluation

**Möller, Mathias**

Club: LSV Lok Arnstadt

Number: 375

Course: 10.00 km

Die Schwenninger 10-km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 42:06

Speed: 14.25 km/h

Running performance: 4:13 min/km

Rank in course/Total: 24 (of 104)

Rank in course/Men: 24 (of 85)

Best time in course: 35:37

Rank in category: 7(of 15)

Best time in the category: 36:27

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.70	6:38	3:54	7	0:39	23	0:57	1.70	6:38	3:54	7	0:39	83	
Lap 2	2.34	9:56	4:14	7	1:16	23	1:29	4.04	16:34	4:06	7	1:55	83	
Lap 3	2.34	10:08	4:19	7	1:30	28	1:42	6.38	26:42	4:11	7	3:25	64	
Lap 4	2.34	10:07	4:19	7	1:35	27	1:40	8.72	36:49	4:13	7	5:00	81	
Last lap Finish	1.28	5:17	4:07	6	0:39	18	0:41	10.00	42:06	4:12	7	5:39	24	6:29