



## 8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

### Detailed evaluation

Lang, Uwe

Total time: 1:00:30

Speed: 6.94 km/h

Number: 7015

metres in height up: 263

Course: 7.00 km

Course score: 10.95

Nordic Walking

performance score: 76 Points