



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Luhmann, Mechthild

Club: Post SV Unna

Number: 1052

Course: 13.00 km

Nordic Walking

Total time: 1:48:16

Speed: 7.20 km/h

metres in height up: 442

Course score: 19.63

performance score: 141 Points