



## 8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

### Detailed evaluation

**Paarmann, Karsten**

Club: Walkingtreff Lünen

Number: 7073

Course: 7.00 km

Walking

Total time: 50:07

Speed: 8.38 km/h

metres in height up: 263

Course score: 10.95

performance score: 92 Points