



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Sapsford, Donald

Club: BSG DSW21/DEW21

Number: 2009

Course: 18.00 km

Walking

Total time: 2:23:14

Speed: 7.54 km/h

metres in height up: 712

Course score: 28.68

performance score: 216 Points