



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Schnieder, Günter

Club: Laufteam Gescher

Number: 7003

Course: 7.00 km

Walking

Total time: 1:07:09

Speed: 6.25 km/h

metres in height up: 263

Course score: 10.95

performance score: 68 Points