



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Schwabedissen, Bernd

Club: TSV Oerlinghausen

Number: 1006

Course: 13.00 km

Walking

Total time: 1:30:46

Speed: 8.59 km/h

metres in height up: 442

Course score: 19.63

performance score: 169 Points