



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

seiffert, bernd

Club: wt-soest

Number: 2013

Course: 18.00 km

Nordic Walking

Total time: 2:30:57

Speed: 7.15 km/h

metres in height up: 712

Course score: 28.68

performance score: 205 Points