



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Sieger, Heike

Club: Jammern nützt nichts

Number: 1083

Course: 13.00 km

Nordic Walking

Total time: 2:16:24

Speed: 5.72 km/h

metres in height up: 442

Course score: 19.63

performance score: 112 Points